## Up, Stand and Move

Improving quality of life!





## UP, STAND AND MOVE

Children usually move into a standing position at 9 - 12 months of age. An upright standing position with the possibility of movement, has a great impact on a child's physical and psychological development.

The ability to move is something most of us take for granted. However, individuals with functional impairments have limited opportunities for independent movement, and suffer from the consequences of sedentary behaviour. This can include people with diagnoses such as Cerebral Palsy, syndromes, Spina Bifida and trauma.

- The Innowalk is a pioneering, dynamic motorised device which offers physical and emotional well-being by providing the opportunity for moderate physical activity. No independent ability to stand or walk is required.
- Assisted, guided and repetitive movements in an upright, weight-bearing position stimulate gross motor function and reduce the risk of negative health outcomes.
- The Innowalk is custom-made to make movement possible for individuals with severe disabilities. For safe usage the Innowalk has adaptable motor force where the movement can be interrupted if muscles go into spasms.

The Innowalk is a powerful 3-in-1 device for sitting, standing and moving. It allows for safe and comfortable movement in an upright position.

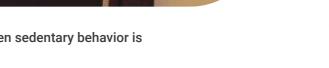








Research has proven that there are **several** benefits of active standing



BONE MINERAL DENSITY is developed through good nutrition, weight-bearing and the use of muscles

Recent research demonstrates profound health benefits for people with CP, when sedentary behavior is replaced with light physical activity. (Verschuren et al., 2016; Katzmarzyk, 2010)

**SKIN INTEGRITY** issues are prevented through pressure relief and increased blood flow



### **RESPIRATION & CIRCULATION** are positively affected by vertical positioning and activity



#### PHYSICAL ACTIVITY with low intensity



#### GASTROINTESTINAL FUNCTION is stimulated in an active standing position



STRETCHING OF MUSCLES AND JOINTS prevents contractions and deformities, as well as reducing muscle tone

### MENTAL FUNCTION

is positively affected in an active standing position

### THEINNOWALK SIZE RANGE





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### **Innowalk Small**

User height: 80-135 cm User weight: max 35 kg

#### Measurements:

| 63 cm   |
|---------|
| 95 cm   |
| 140 cm  |
| 27,5 kg |
|         |

### **Innowalk Medium**

User height: 125-170 cm User weight: max 65 kg

#### Measurements:

| Width  | 76 cm  |
|--------|--------|
| Length | 150 cm |
| Height | 210 cm |
| Weight | 78 kg  |

# **Innowalk Large** User height: 160-190 cm User weight: max 95 kg

#### Measurements:

| Width  | 76 cm  |
|--------|--------|
| Length | 170 cm |
| Height | 210 cm |
| Weight | 110 kg |
|        |        |

### **AVAILABLE ACCESSORIES**











### AFTERCARE - a vital follow-up service -

Our highly-skilled assistive device consultants coach individuals; share knowledge, and advise and motivate users, caregivers and therapists.

They make sure our movement devices are adjusted properly and follow up with each individual user, optimizing the outcome.





## MEET Jonathan!

Jonathan is a 26 year old young man with functional impairment due to a tumor which has permanently damaged his brain. He sits independently and can stand with support.

Jonathan is highly motivated to complete his movement therapy and loves being in the Innowalk. The people around him notice an improvement in his mood when he is more active, and he becomes more motivated to do other activities, in addition to using the Innowalk. After several positive results, Jonathan's caregivers want him to use the Innowalk as much as possible. Reduced leg swelling, a more stable body weight and improved digestion are just a few of the many benefits observed when Jonathan is using the Innowalk. Jonathan's motor function is somewhat varied due to his fluctuating general health, however, during periods of ill health, activity in the Innowalk is the only thing that works for Jonathan - it is therefore an important contributor in preventing the loss of his independent function.



PHYSIOTHERAPIST, STIFTELSEN RADARVEIEN

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## MEET LUDVIG!

Ludvig is a 6 year old boy who has been diagnosed with Cerebral Palsy, GMFCS V. His parents hope that in the future he will be able to move independently using supportive aids. Since standing in the Innowalk, Ludvig has reached several milestones along this journey, for example, he was able to fulfil his dream and go skiing and ice-skating in the winter without getting frostbite. The Innowalk provides all-round training with good support, something no other supportive aid can give. Ludvig loves to exercise in his Innowalk; he is proud and stretches his body in a way he never does during other forms of therapy. You can tell he feels more independent in Innowalk and even though he is strapped in he does not feel restricted.

#### LUDVIG'S MOTHER





## MEET ADA!

Ada is a 4 year old girl who was born 3 months early with Cerebral Palsy, at a functional level of GMFCS IV.

For her parents, stimulating Ada in an active standing position with weight-bearing and practicing a walking pattern has been important. The aim has been to build up Ada's body's strength and stability, which will give her the opportunity for increased activity and social interaction. The staff at the day nursery are good at integrating her training in the Innowalk with activities together with other children. Ada loves standing in Innowalk.

#### ADA'S MOTHER

For more information please contact us

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